

SOUTHEAST BRUINS CHEERLEADING

GOALS: It is the mission of the Southeast Recreation to provide a positive introduction to the sport of cheerleading in a safe and fun environment. The organization will provide a comprehensive program of age appropriate coaching and encouragement in order to develop fundamental cheer skills. The athletes will be introduced to the competitive nature of the sport while reinforcing a positive self-image and encouraging sportsmanship. Our athletes will also grow in social skills including teamwork, cooperation, communication and self-discipline.

Attendance/Practices/Camps:

Please note: Cancellations will be posted on our voicemail – 279-3915

PRACTICE: Practice nights are Monday and Thursday,

6:00pm to 8:00pm – grades 6 – 8

6:30pm to 8:00pm – grades 2 - 5

ALL REQUIRED PAPERWORK MUST BE HANDED IN BY 7-20-11. No child will be allowed to “watch” practice if all paperwork is not in. **ALL PRACTICES ARE MANDATORY.** Attendance will be recorded at every practice/game.

Practice attire: shorts, plain t-shirt, sneakers, socks and hair securely up in a ponytail. **Absolutely NO:** jeans, short or tops with pockets, long pants, wearing any type of jewelry (exception: medical medals must be taped to body). or beaded hair ornaments. (Please remove at home). Fingernails must be kept short, no polish. For safety purposes any cheerleader not dressed in compliance with the above will not practice. Cheerleaders must turn off their cell phones at practice and games.

WATER bottles are allowed and encouraged at all practices and games. Please label them for your child. Cheerleaders will not be dismissed from the game or practice area until it has been cleaned up for the next squad.

Absences:

If a cheerleader will not be attending a practice/game their coach must receive a call or e-mail. Anyone not attending the last practice before a game will not participate in the half-time routine. To be eligible to cheer at a competition a cheerleader is required to attend all of the practices one week prior to each competition. There will be no exceptions!!

Discipline: Inappropriate language, bullying or disrespect to our staff, opposing towns and/or teammates will not be tolerated. Good Sportsmanship and a spirit of cooperation are expected at all time. Discipline problems will be dealt with immediately. Parents will be notified immediately.

Games: Cheerleaders are required to attend and cheer at all football games, homecoming and competitions. This includes all regular and postseason games, home and away. Games may be scheduled to begin the week before Labor Day weekend. **YOU WILL RECEIVE A SCHEDULE AS SOON AS IT IS POSTED.** Sometimes this may not be posted until the Monday or Tuesday before the weekend. Cheerleaders will cheer at all games regardless of weather conditions. If our football team plays, we cheer. All team members should arrive one hour prior to the scheduled kick-off (unless Coach tells you differently), dressed in uniform and report directly to the head coach. Cheerleaders late for warm-up will not participate at half-time.

Attire/Games: Skirt, vest, sneakers, cheer socks, briefs, game bow and in cooler weather, middies and black leggings. Hair is up securely in a high ponytail, make-up kept at a minimum. **NO** jewelry, earring, rings, nail polish or glitter. When the weather requires a sweatshirt, you must wear the one given to you **THIS** year. If you wish to wear ear warmers or gloves they must be black. Any cheerleader not in the required uniform will not cheer that day.

You will find directions to the games on our website. **ALLOW ENOUGH TIME FOR TRAVEL.**

www.townofsoutheast-ny.gov

UNIFORMS: Upon distribution of uniforms, a \$175.00 check is required. Upon completion of the 2011 season uniforms will be returned to the Town of Southeast and your check will be returned to you. If your uniform is not returned we will cash your check. Uniforms must be returned clean.

Competitions: Competitions are a lot of fun. This is the time for all our cheerleaders to shine. We will perform at our Local/State competitions and we never know even Regional's.

Please remember the games and competitions coincide with school breaks for Labor Day, Columbus Day, Veterans Day and Thanksgiving.

The staff and coaches of the Brewster Bruins are all volunteers. They donate countless hours of their time to our children. They need your support and cooperation at all times. If you have any concerns regarding your child please speak to the Coach after practice/game/event.