

BASKETBALL RULES FOR 4-7 GRADE GIRLS

Southeast Recreation and the Referee's will not tolerate any abusive behavior or the use of profanity from:

- Other Coaches
- Referees
- Players
- Spectator Parents

***** Please make the commitment to your team & the league by attending all practices & games & calling your coach if any problems or questions arise!**

GAME RULES:

- 4 -10 minute quarters – running time
- Last two minutes of each half the clock stops - for stoppage of play
Clock will stop for subs at 5 minutes of each quarter
Clock will stop for foul shots
- No full court press!
- Each player must play ½ of the game.
- Each player is only allowed 5 fouls per game (at 5 you're out)
- Three, one-minute time out per game
- No jewelry
- No hats
- No casts
- All players must wear issued team shirt with number or they cannot play!!!

NO FOOD OR DRINKS ALLOWED IN GYM

NO ONE IS TO LEAVE THE GYM WITHOUT SUPERVISION!

REMEMBER OF GOALS FOR COACHES, PLAYERS AND PARENTS!

- Understand and practice good sportsmanship and respectful behavior towards each other, opponents, officials and coaches.
- Learn the skills and concepts of the game while having fun.
- Experience what it means to be part of a team.
- Put forth their best efforts and learn to win or lose graciously.
- Make the commitment!

***** Game times on the schedule are actual game times and will be held to by the Official Patched Referees. Please have your team arrive 15 minutes before game time each week.**