

# BASKETBALL RULES FOR 4 & 5 GRADES

Southeast Recreation and the Referee's will not tolerate any abusive behavior or the use of profanity from:

- Coaches
- Referees
- Players
- Spectators / Parents

\*\*\* Please make the commitment to your team & the league by attending practices & games & calling your coach if any problems or questions arise! Please do not hesitate to call the Recreation Department if you have any questions or concerns @ 279-3915.

## GAME RULES:

- 4 - 8 minute quarters
- The last 2 minutes of each half the clock stops - for stoppage of play.
- NO full court press!
- Each player must play equal time.
- Each player is only allowed 5 fouls per game (at 5 you're out)
- At 7 team fouls - Bonus situation - At 10 team fouls - Double Bonus situation
- Three one-minute time outs per game
- No jewelry
- No hats
- No casts
- All players must wear issued team shirt with number or they cannot play!!!

**NO FOOD OR DRINKS ALLOWED IN GYM**

## REMEMBER THE GOALS FOR COACHES, PLAYERS AND PARENTS!

- Understand and practice good sportsmanship and respectful behavior towards each other, opponents, officials and coaches.
- Learn the skills and concepts of the game while having fun.
- Experience what it means to be part of a team.
- Put forth their best efforts and learn to win or lose graciously.
- Make the commitment!

\*\*\* Game times on the schedule are actual game times and will be held to by the Official Patched Referee. Please have your team arrive 15 minutes before game time each week.